

# Special Olympics Maryland Area Memo

## October 4, 2019

**Special  
Olympics  
Maryland**



### Contents

- Welcome
- [2021 World Winter Games Update](#) – **NEW**
- [Chick Fil A Fundraiser](#) - **NEW**
- [Community Input Session-Athlete Leadership-December 07<sup>th</sup>, 2019](#) – **NEW**
- [C-A-P-S, CAPS, CAPS, CAPS!](#) – **NEW**
- [SunTrust Credit Cards](#) – **NEW**
- [Fall Area Directors Meeting, Register TODAY!](#) – **NEW**
- [Program Staff Members Out of the Office 10/8-11/2019](#) – **NEW**
- [2019 Towson Football Game \(11/2\)](#)
- [Congratulations, SOMD- Howard County!](#)
- [Coaching Special Olympics Athletes – Train-the-Trainer Session for Areas – December 7](#)
- [Coaching Special Olympics Athletes –HQ Hosted Live Session November 2](#)
- [Discounted Medicals at MinuteClinic](#)
- [Polar Bear Plunge Website is now live! Fundraise for your areas starting today!](#)
- [Athlete Leadership – Improvisation and Theatre Training Course](#)
- [Unified Fitness Clubs](#)
- [2019 Over the Edge](#)
- [2019 Rockfish Open](#)
- [Medical Volunteers Team](#)
- [Area Memo Open to Area Announcements](#)
- [Pre-Season and Pre-Competition Webinars](#) – **UPDATED**
- [Community Sports Registration Deadlines Through End of 2019](#)
- [Sports Directors – Assigned Sports](#)
- [Questions?](#) – **UPDATED**

### Welcome

Welcome to the October 4, 2019 edition of the SOMD Area Memo!

If there are any members of your Area's leadership who are not currently receiving the Area Memo, please send their names and email address to [dweddle@somd.org](mailto:dweddle@somd.org) to have them included in future distributions.

### **(NEW)** 2021 World Winter Games Update

We are very pleased to announce that we have received our quota allotment for athletes to be members of the Special Olympics USA team for the 2021 World Winter Games in Sweden in February, 2021:

#### Alpine Skiing

- 1 Female Athlete (Category 2-maximum of 3 events)
  - Intermediate – Super G, Giant Slalom, Slalom
- 1 Male Athlete (Category 3)
  - Advanced – Super G, Giant Slalom, Slalom

#### Snowshoeing

- 1 Female Athlete (Category 2–maximum of 3 events / two individual and 1 relay)
  - 100M Race, 200M Race, 400M Race, 4x100M Race

Area Directors with athletes eligible for selection (based on the previously distributed list) will be receiving a detail email in the next couple days and we will need validation that each eligible athlete is both appropriate for an independent trip of this type as well as that they would accept the nomination if selected. Those confirmations will be due back to HQ no later than Monday, October 14, and we expect to have the nominees selected (along with alternates) by October 25. Please remember that until the selected athletes successfully complete the Special Olympics USA training camp in the first quarter of 2020, they are still nominees and not official members of the USA team.

**(NEW) Chick Fil A Fundraiser**

Over the next 2 weekends, you'll see SOMD Staff Members, Athletes, Area Directors, and Super Plungers in Baltimore area (surrounding counties) Chick Fil A's promoting the Polar Bear Plunge and raising money for SOMD! We still have some stores available for Saturday, October 12, 2019 from 10:00am-1:00pm. Any money raised will be credited to your local program plunge page!

SOMD will provide all needed equipment--- signs, banners, promotional buttons and stickers...even a credit card machine!

If you would like to take this opportunity to fundraise for your local program plunge team, please contact Jeff ([jabel@somd.org](mailto:jabel@somd.org)) for more information and to identify which stores are still available! Stores will be assigned on a first-come, first-serve basis.

**(NEW) Community Input Session-Athlete Leadership-December 07<sup>th</sup>, 2019**

**WHERE:** Aerotek HQ, 7301 Parkway Dr S, Hanover, MD

**WHEN:** Saturday December 07<sup>th</sup>, 2019 11am-12:30pm

We invite all members of the community to attend this session to provide feedback to Special Olympics Maryland about the current state of the Athlete Leadership Program.

There will be a short presentation and then we will open the floor to feedback.

There will be a solicitation to recruit members of the newly forming Athlete Leadership Management Team.

So if you are an area director, county/program management team member, parent, sibling, caregiver, key volunteer, etc. we want to hear from you.

Coffee, Tea and light refreshments provided. Also light fare.

In order to ensure we have enough supplies please register by November 29<sup>th</sup>, 2019 at

[https://www.surveymonkey.com/r/Community\\_Athlete\\_Leadership\\_Input](https://www.surveymonkey.com/r/Community_Athlete_Leadership_Input)

**(NEW) C-A-P-S, CAPS, CAPS, CAPS!**

Some of you may have received an email from a staff member of Monumental Sports about a ticket fundraiser for Special Olympics Maryland. On Wednesday, Jeff was able to set up a call with them and can verify that this promotion is legitimate!

How it works:

- Tickets for the 11/11 Capitals vs. Coyotes game can be purchased through this website: <https://fevo.me/special-olympics>
- \$5.00 from each ticket purchased through this offer will be donated to the Special Olympics Program of the buyer's choice (Maryland, Virginia, DC). *Please note that while an individual can identify the state program of their choice, that can't be further divided to a local program.*
- After a ticket is purchased, that individual will receive a unique link to send to their friends to purchase tickets. The ticket system will automatically put those seats near each other.

**(NEW) SunTrust Credit Cards**

SOMD is changing the credit cards we use for purchasing goods and services. Your credit card will now be issued by Suntrust Bank instead of Bank of America.

Your Suntrust credit card was sent to you recently if you provided the information necessary to order one.

If you have not received your credit card by now, please let Darlene Taylor know immediately. If you have not provided the information needed to open a Suntrust card please also contact Darlene.

When you receive your Suntrust card please call to activate it and begin using it. Keep your Bank of America card for now just in case you have a problem with your Suntrust card.

**WEBINAR:**

***We will schedule a webinar on October 16<sup>th</sup> at 7pm to train card holders in coding expenses and approving transactions. Until then, if you have any questions please call Darlene or George.***

***Register for the webinar here: <https://attendee.gotowebinar.com/register/122380444105081357>***

**(NEW) Fall Area Directors Meeting, Register TODAY!**

We are just over 1 month away from our last Area Directors Webinar (11/12) and Meeting (11/16) of 2019! Please use the links below to Register

Webinar: <https://attendee.gotowebinar.com/register/989062781020446211>

Meeting: <https://www.surveymonkey.com/r/2019FallADMeeting>

**(NEW) Program Staff Members Out of the Office 10/8-11/2019**

The following staff members will be out of the office 10/8-11/2019 at the Special Olympics North America Sport & Health Conference in Minnesota:

- Mike Czarnowsky
- Steve Bennett
- Ryan Kelchner
- Zach Cintron
- Melissa Anger
- Jeff Abel

While they will have access to email, it may be somewhat limited based on conference sessions and meetings. If you do need to call one of them, please remember the time difference!

**2019 Towson Tigers Football Game (11/2)**

Are you ready for some football? Our friends at Towson University Invite Special Olympics Maryland Athletes and their families to CHEER ON THE TIGERS in their game against University of Delaware on 11/2 (kick off at 2:00pm). Athletes will be invited to take part in pre-game festivities on-field. This game will also feature a Special Olympics Flag Football Exhibition with a Flag Football Team from SOMD (pre-selected team) taking on a team from Special Olympics Delaware!

Please visit <https://www.surveymonkey.com/r/2019TUFootball> to RSVP. You will be redirected to the TU Ticket Page. All attendees will be required to have valid TU Game Day Tickets. In addition to receiving their own free game ticket, each athlete will receive 3 free additional tickets to the game.

**Congratulations, Howard County Program and Leadership!**

Congratulations to the Howard County Program for being awarded the Howard County Commission on Disabilities 2019 Service Award. This award is given to the person or organization, whom, through commitment to self-determination and integration, advocates for and supports individual choice in areas of education, employment, housing, social and/or recreational activities.

Great work, Howard County on this well-earned award! And special thanks to their leadership, Bob Baker, Marilyn Miceli, Janet Larrimore and their whole management team for their commitment to providing high-quality programs for our athletes and families!

### **Coaching Special Olympics Athletes – Train-the-Trainer Session for Areas – December 7**

Coaching Special Olympics Athletes is an exceptional course, and in the new Coach Sport Certification Model, it is a required course for virtually all coaches in community programs. While offered as both a live and an online course, it is much better as a live course with a great deal of interaction among the prospective coaches. To continue to offer this course live, we need additional instructors.

We will be hosting a Train-the-Trainer session for the Coaching Special Olympics Athletes (CSOA) course on Saturday, December 7, 2019, at SOMD HQ. This is a day-long course (9:00 a.m. – 5:00 p.m.) and will prepare up to 20 Area coaches and leaders to present the CSOA course throughout the state. We will be making some direct invitations from HQ, and we would like to have Areas nominate additional individuals so the CSOA course can be offered live throughout the state and as often as is needed for all SOMD coaches to be able to complete it and a convenient location.

Requirements for prospective trainers are as follows:

- Must be nominated by their Area Director
- Must have significant experience as a sports coach of individuals with intellectual disabilities (5+ years)
- Must commit to taking/retaking the online version of CSOA *during the three weeks prior* to the live session on December 7 (SOMD will reimburse the course fees from HK)
- Must commit to presenting CSOA class a minimum of three times per year either as an individual instructor or co-presenter (typically in their “region” of the state).
- Must agree to follow all guidelines and requirements for CSOA courses
- Must be a prime representative of the ideals and ethics of coaching
- Must consistently represent Special Olympics and SOMD in a positive and professional manner

Nominations will only be accepted by Area Directors and will be accepted through the following survey link: [https://www.surveymonkey.com/r/CSOA\\_T3\\_2019Q4](https://www.surveymonkey.com/r/CSOA_T3_2019Q4).

Nominations will be accepted through Monday, November 25, 2019. Nominees will be informed of their status for the course no later than Wednesday, November 27 (sooner if nominations are made prior to the November 25 deadline).

We must have a minimum of 6 participants registered by November 25 to hold this session.

### **Coaching Special Olympics Athletes (CSOA) – HQ Hosted Live Session November 2**

SOMD will be hosting another live CSOA session at SOMD Headquarters on Nov 2, 2019. CSOA is a core course for all Special Olympics Coaches in the new Coach Education and Development System. To ensure maximum interaction among participants, the class will be limited to a maximum of 25 registrants.

Saturday, November 2, 2019, 9:30 a.m. – 1:00 p.m.

Note: Given the interactive and discussion based nature of this live course, at least 2 days in advance of the session we must have a minimum of 7 confirmed registrants or the session may be cancelled.

To register for either course, coaches and prospective coaches can use the following link:  
<https://www.surveymonkey.com/r/CSOA2019Q4>.

### **Discounted Medicals at MinuteClinic**

Thanks to a new partnership between SOI and Minute Clinic, Special Olympics athletes are now entitled to sports physicals at a reduced rate of \$49.00. Any US Special Olympics Athlete, or prospective athlete who needs to complete a physical can present the attached voucher at any of the 1,100+ MinuteClinics in CVS or Target stores between now and July 31, 2020.

[See list of participating locations here](#) or on the [CVS MinuteClinic](#) and [Target MinuteClinic](#) websites. **No insurance or appointment is needed but [please bring the SOMD Athlete Medical Form with you.](#)**

*Please note this is not an endorsement for MinuteClinic or their services from SOMD nor SOI; it is simply one more way for our athletes to have access to a relatively affordable Sports Physical.*

We are excited about this opportunity and hope that you will share with your families and athletes.

### **Polar Bear Plunge Website is now live! Fundraise for your areas starting today!**

The Polar Bear Plunge website is now live: [www.plungemd.com](http://www.plungemd.com)

Any teams registered with an area will be entitled to a 70%/30% split after expenses. Don't miss out on this great opportunity to fundraise for your local program. Last year our teams raised over \$20,000 for their counties, and we'd like to continue that success in 2020.

Reach out to Jessie Hayes with any questions: [jhayes@somd.org](mailto:jhayes@somd.org)

### **Athlete Leadership – Improvisation and Theatre Training Course**

**WHAT:** Athlete Leadership-Improvisation and Theatre Training Course FALL 2019

The Athlete Leadership Program is excited to announce that we are adding a new course this fall ***"This interactive class will help support communication and confidence through creativity. Participants will learn valuable speech, language, and social skills that will assist them not only within Special Olympics Maryland, but across all aspects of their lives. Oh, and we'll laugh. A lot."***

Improv and theater skills and practices have been shown to improve a variety of skills such as receptive and expressive language, pragmatics, fluency of speech, socialization, syntax and grammar, semantics, cognition, and the list goes on! Making this the perfect course for both beginner and advanced athlete leaders. No previous training in athlete leadership is needed.

Target and ideally improve participant's speech, language, and social skills, and help build confidence in communication.

**WHEN: \***

Wednesday	October 09 <sup>th</sup>	7pm-8:30pm
Wednesday	October 16 <sup>th</sup>	7pm-8:30pm
Wednesday	October 23 <sup>rd</sup>	7pm-8:30pm
Wednesday	October 30 <sup>th</sup>	7pm-8:30pm
Wednesday	November 06 <sup>th</sup>	7pm-8:30pm
Tuesday	November 12 <sup>th</sup>	7pm-8:30pm

Wednesday	December 04 <sup>th</sup>	7pm-8:30pm	Rehearsal
Friday	December 06 <sup>th</sup>	6pm-9pm	Performance

**\*You must attend 4 of the 6 courses to be eligible for the final performance**

**WHERE:** Special Olympics Maryland HQ, 3701 Commerce Drive, Suite 103, Baltimore (Halethorpe), MD 21227

**INSTRUCTOR:** Emma Shipley, MS, CF-SLP, Speech-Language Pathologist

**HOW MANY:** This is a Unified Leadership opportunity. Open to up to 24 athletes. Unified partners, siblings, family members, etc. are welcome to attend with a SOMD athlete. Limit one per athlete. This is not required but is an option.

To sign up please fill out the Survey Monkey at [https://www.surveymonkey.com/r/Fall2019\\_IMPROV](https://www.surveymonkey.com/r/Fall2019_IMPROV)

Email Jason Schriml if you have any questions about this course at [jschriml@somd.org](mailto:jschriml@somd.org)

### **Unified Fitness Clubs**

Unified Fitness Clubs provide non-competitive opportunities for our athletes and Unified Teammates to improve physical fitness, increase physical activity and build lasting friendships. They are relatively easy to start and can include a variety of activities like walking, running, cycling, and more!

If your local program is interested in starting a Unified Fitness Club, or getting more information how to start one, please contact Jeff ([jabel@somd.org](mailto:jabel@somd.org)) to set up a time to talk.

### **2019 Over the Edge**

Looking to raise funds for your area program? Registration is now open for the 2019 Over the Edge event and area programs will receive 70% of all funds raised for any rappeller you recruit for your county's team! Last year, Montgomery County raised close to \$20,000.

Visit: [www.overtheedgemd.com](http://www.overtheedgemd.com) to register today and feel free to reach out to Jessie Hayes ([jhayes@somd.org](mailto:jhayes@somd.org) / 646-573-6964) with any questions or concerns.

Check out last year's exciting event [here](#). Our event this year takes place on **Saturday, November 2<sup>nd</sup>** at 2 Bethesda Metro Center.

### **2019 Rockfish Open**

Be a part of the most rewarding Rockfish Tournament in the state of Maryland! Join Special Olympics Maryland at one of our two locations for the 2019 Maryland Rockfish Open on Saturday, October 26<sup>th</sup> and help support the 8,033 athletes of Special Olympics Maryland.

We have a new location this year: Sunset Cove

Please see link to the 2019 Rockfish Open website: <https://give.classy.org/2019rockfishopen>

### **Medical Volunteers...Join the Team!**

Our Medical Team is looking for a few additional volunteers to join the medical team. Volunteers must have a valid medical credential (EMT, Nurse, Doctor) and be willing to provide volunteer medical support at both state and local competitions. If you know someone ready to volunteer, please have them email Pam Greenwood,

SOMD Medical Coordinator ([medicaldir@somd.org](mailto:medicaldir@somd.org)) OR direct them to the Medical Team VolunteerHub page at [www.medicalteam.somd.volunteerhub.com](http://www.medicalteam.somd.volunteerhub.com).

### **Area Memo Open to Area Announcements**

Do you have an upcoming event that you'd like to announce, a volunteer that deserves a special shout out, or maybe a recent 'win' for your program that you'd like to share with other area programs. Your contributions to the Area Memo are welcomed and appreciated! Please send any announcements that you'd like included in the Area Memo to Danielle Weddle ([dweddle@somd.org](mailto:dweddle@somd.org)).

### **(UPDATED) Pre-Season and Pre-Competition Webinars**

The dates and time for Pre-Season and Pre-Competition webinars have been set for the upcoming seasons. Please share this info with your coaches and sports volunteers.

#### **Pre-Season Coaches Webinars**

<b>Sport</b>	<b>Date/Time</b>	<b>Registration / Recording Link</b>
Bowling	Thu 8/15	Recording: <a href="https://youtu.be/jHpCSUQIDd8">https://youtu.be/jHpCSUQIDd8</a>
Cycling	Tue 8/13	Recording: <a href="https://youtu.be/Ss04Wulb5lc">https://youtu.be/Ss04Wulb5lc</a>
Dist. Running	Wed 8/14	Recording: <a href="https://www.youtube.com/watch?v=8nqf9buZ8ZM&amp;t=7s">https://www.youtube.com/watch?v=8nqf9buZ8ZM&amp;t=7s</a>
Flag Football	Thu 8/01	Recording: <a href="https://www.youtube.com/watch?v=zqYxI7FtYfc&amp;feature=youtu.be">https://www.youtube.com/watch?v=zqYxI7FtYfc&amp;feature=youtu.be</a>
Powerlifting	Wed 8/14	Recording: <a href="https://youtu.be/QZDunA9pzi0">https://youtu.be/QZDunA9pzi0</a>
Soccer	Wed 8/21	Recording: <a href="https://youtu.be/bf6753y5QRI">https://youtu.be/bf6753y5QRI</a>
Tennis	Thu 8/01	Recording: <a href="https://www.youtube.com/watch?v=LqqX_H1yk4Y&amp;t=3s">https://www.youtube.com/watch?v=LqqX_H1yk4Y&amp;t=3s</a>

#### **Pre-Competition Coaches Webinars**

<b>Sport</b>	<b>Date/Time</b>	<b>Registration / Recording Link</b>
Bowling - Regionals	Tue 11/05 7:00 p.m.	<a href="https://attendee.gotowebinar.com/register/4167640949535073805">https://attendee.gotowebinar.com/register/4167640949535073805</a>
Bowling - Championship	Tue 12/03 7:00 p.m.	<a href="https://attendee.gotowebinar.com/register/2784322280885929485">https://attendee.gotowebinar.com/register/2784322280885929485</a>
Cycling	Tue 10/15 7:00 p.m.	<a href="https://attendee.gotowebinar.com/register/729198709130645773">https://attendee.gotowebinar.com/register/729198709130645773</a>
Distance Running	Wed 10/09 8:00 p.m.	<a href="https://attendee.gotowebinar.com/register/8209744759742188300">https://attendee.gotowebinar.com/register/8209744759742188300</a>
Flag Football	Mon 10/07 8:00 p.m.	<a href="https://attendee.gotowebinar.com/register/360674298355497739">https://attendee.gotowebinar.com/register/360674298355497739</a>
Powerlifting	Wed 10/09 7:00 p.m.	<a href="https://attendee.gotowebinar.com/register/7231578533742419724">https://attendee.gotowebinar.com/register/7231578533742419724</a>
Soccer	Thu 10/15 8:00 p.m.	<a href="https://attendee.gotowebinar.com/register/3374712747019729419">https://attendee.gotowebinar.com/register/3374712747019729419</a>
Tennis	Mon 10/07 7:00 p.m.	<a href="https://attendee.gotowebinar.com/register/3414913091154440971">https://attendee.gotowebinar.com/register/3414913091154440971</a>

### **Community Sports Registration Deadlines Set Through End of 2019**

Registration Deadlines for community sports through the end of 2019 have been set and are incorporated into the Sports Calendar included with this email. They are summarized below for your convenience as well.

*Note: We discovered an error listing the incorrect date for missing forms for the 2019 Soccer Tournament in this chart as well as on the Sports Calendar. That has been corrected below and was stated during the Soccer Pre-Season Webinar.*



<b>Event/Sports</b>	<b>State Championship</b>	<b>Training Registration</b>	<b>Outstanding Forms</b>	<b>Competition Registration</b>
Fall Sports Festival <i>(cycling, distance running, flag football, powerlifting, tennis)</i>	10/19/2019	8/29/2019	10/07/2019 <i>(extended)</i>	10/3/2019
Soccer	10/27/2019	8/29/2019	10/07/2019 <i>(extended)</i>	10/3/2019
Bowling – Regionals	11/10/2019	9/23/2019	10/3/2019	10/17/2019
Bowling - Championships	12/08/2019			11/28/2019

### **Sports Directors – Assigned Sports**

If you have questions regarding a specific sport, coach education, or competition, please work with the corresponding Sport Director.

- **Melissa Anger, Sports Director**
  - [manger@somd.org](mailto:manger@somd.org), 410.242.1515 x122
    - Basketball
    - Cheerleading
    - Flag Football
    - Soccer
    - Softball
    - Tennis
    - Locally Popular Sports: Cross Country Skiing, Duckpin Bowling
- **Zach Cintron, Sports Director**
  - [zcintron@somd.org](mailto:zcintron@somd.org), 410.242.1515 x161
    - Bowling (10 pin)
    - Cycling
    - Kayaking
    - Snowshoeing
    - Swimming
    - Locally Popular Sports: Figure Skating, Sailing, Short Track Speed Skating, Volleyball
- **Ryan Kelchner Sports Director**
  - [rkelchner@somd.org](mailto:rkelchner@somd.org), 410-242-1515
    - Alpine Skiing
    - Athletics
    - Bocce
    - Distance Running
    - Golf
    - Powerlifting
    - Locally Popular Sports: Dance, Equestrian Sports, Floor Hockey

### **Questions?**

**If You Have Any Questions on Any Other Non-Sports-Related Issues**, please contact a member of the Local Program Team

- **Jeff Abel, Vice President. Local Program Development**
  - [jabel@somd.org](mailto:jabel@somd.org), 410-242-1515 ex. 121
  - Any general question
- **Claire Huston, Development Services Coordinator**
  - [chuston@somd.org](mailto:chuston@somd.org), 410-242-1515 ex. 145



- All Local Program Fundraising
- **Pat Cullinan, Northern Chesapeake Region Director**
  - [pcullinan@somd.org](mailto:pcullinan@somd.org), 410-242-1515
  - Harford, Cecil, and Kent Counties
- **Mike Myers, Baltimore Region Director**
  - [mmyers@somd.org](mailto:mmyers@somd.org), 410-242-1515
  - Baltimore County and City
- **Ron Freeman, Baltimore City Coordinator**
  - [rfreeman@somd.org](mailto:rfreeman@somd.org), 410.598.1027
  - Baltimore City Public Schools, Baltimore City Rec and Parks
- **Tyler Martin, Western Region Coordinator**
  - [tmartin@somd.org](mailto:tmartin@somd.org), 717-321-3642
  - Frederick, Washington, Allegany, Garrett Counties

## 2019 Special Olympics Maryland Sports and Competition Calendar - UPDATED 10/04/2019

### State Championships and Multi-State/World Competitions

Type	Event	Location	Facility	Competition Date(s)	Pre-Season Webinar Date(s)	Pre-Competition Webinar Date (s)	Training Registration Deadline (in GMS)**	Last Date To Submit Missing Forms**	Competition Registration Deadline (in GMS)**
Community	Fall Sports Festival <i>(Cycling, Distance Running, Flag Football, Powerlifting, Tennis)</i>	Emmitsburg, MD	Mount St. Mary's University Fort Richie <i>(Cycling)</i>	10/19/2019	Cycling: 8/13 Dist. Run: 8/14 Flag Football: 8/15 Powerlifting: 8/14 Tennis: 8/13	Cycling: 10/15 Dist. Run: 10/09 Flag Football: 10/07 Powerlifting: 10/09 Tennis: 10/07	8/29/2019	9/10/2019	10/3/2019
Community	Soccer Tournament	Fruitland, MD	Crown Sports Center	10/27/2019	8/21/2019	10/15/2019	8/29/2019	9/10/2019	10/3/2019
IUS	Unified Tennis Championships	Towson, MD	Loyola University	11/5/2019	TBD	TBD	TBD	TBD	TBD
Community	Bowling - Regional Tournaments	Various locations	Various locations	11/10/2019	8/15/2019	11/5/2019	9/23/2019	10/3/2019	10/17/2019
Community	Bowling - State Championships	Gaithersburg, MD	Bowl America Gaithersburg	12/8/2019		12/3/2019			11/28/2019
IUS	Unified Strength & Conditioning	Wye Mill, MD	Chesapeake College	2/4/2020	TBD	TBD	TBD	TBD	TBD
IUS	Unified Indoor Bocce	Hagerstown, MD	Hagerstown Comm Coll	2/10/2020	TBD	TBD	TBD	TBD	TBD
Community	Winter Games - Time Trials and Winter Games	Mercersburg, PA	Whitetail Resort	2/23-25/2020	Alpine: 11/26 Snowsh. TBD	Alpine: 2/17 Snowsh. TBD	TBD	TBD	TBD
Community	Basketball Tournament	TBD	TBD	TBD	TBD	TBD	TBD	TBD	TBD
IUS	Unified Team Track & Field	Hyattsville, MD	PG Sports & Learning <i>(tentative)</i>	5/12&13/2020	TBD	TBD	TBD	TBD	TBD
IUS	Unified Outdoor Bocce	Chestertown, MD	Washington College <i>(tentative)</i>	5/19/2020	TBD	TBD	TBD	TBD	TBD
Community	2020 Summer Games	Towson, MD	Towson University and Cockeysville Middle School	6/5-7/2020	Athletics: TBD Bocce: TBD Cheerleading: TBD Softball: TBD Swimming: TBD	Athletics: TBD Bocce: TBD Cheerleading: TBD Softball: TBD Swimming: TBD	TBD	TBD	TBD
<p>Questions or additions? Check the <b>Coach Resource Page</b> on SOMD.org (<a href="https://www.somd.org/coach/coach-resources/">https://www.somd.org/coach/coach-resources/</a>). There are now resource pages for each individual sport as well as each multi-sport event. As resources get continually added to these pages, the answers to most of your questions can be found there. If you have any questions regarding this calendar, additions of local/regional competitions, or any other sports related issue, please contact the appropriate Sports Director: - Melissa Anger (<a href="mailto:manger@somd.org">manger@somd.org</a>): Basketball, Cheerleading, Flag Football, Soccer, Softball, Tennis - Zach Cintron (<a href="mailto:zcintron@somd.org">zcintron@somd.org</a>): Bowling, Cycling, Kayaking, Snowshoeing, Swimming - Ryan Kelchner (<a href="mailto:rkelchner@somd.org">rkelchner@somd.org</a> in interim): Alpine Skiing, Athletics, Bocce, Distance Running, Golf, Powerlifting - TBD (<a href="mailto:coaches@somd.org">coaches@somd.org</a>): All Interscholastic Unified Sports (IUS)</p>					<p><b>**These are the dates by which entries must be entered into GMS or medical/volunteer forms submitted to SOMD HQ. Coaches must have this information to their Area Leadership a minimum of one week prior to these dates to allow for timely submission. (No athlete may participate in any way in a Special Olympics program without an up-to-date medical; no volunteer may participate in any way in a Special Olympics program without an up-to-date volunteer application and completed background screening.)</b> These dates are also the deadlines for Coaches to have completed the requirements for Special Olympics Coach Certification and to have submitted the required documentation to SOMD HQ.</p>				

## 2019 Special Olympics Maryland Sports and Competition Calendar - UPDATED 10/04/2019

### 2019 Coach Education & Development Events

Date	Course/Sport	Location	Facility	Comments	To Register
11/2/2019	Coaching Special Olympics Athletes	Baltimore	SOMD HQ	9:30 a.m. - 1:00 p.m.	Register: <a href="https://www.surveymonkey.com/r/CSOA2019Q4">https://www.surveymonkey.com/r/CSOA2019Q4</a>
12/7/2019	CSOA Train-the-Trainer	Baltimore	SOMD HQ	9:00 a.m. - 5:00 p.m.	By Invitation/Nomination Only
<i>Areas Interested in Hosting Coach Training Events - Please Contact the Appropriate Sport Director</i>					

### 2019 Area / Regional / District Competitions & Events

Type	Event	Location	Facility	Competition Date(s)	Sport	Notes
Community	Required Flag Football Qualifier	Elkridge	Troy Park	10/5/2019	Flag Football	All Teams Registered. Timing 9am-3pm
Community	SM Cycling Qualifier	Patuxent River	Patuxent River Naval Air Station	10/5/2019	Cycling	Email Jim Russell (therussells@md.metrocast.net)
Community	AA Cycling Competition	Annapolis	Sandy Point State Park - East Beach	10/5/2019	Cycling	Contact Zach Cintron (zcintron@somd.org) * Restricted to AA, US, and PG Counties
Community	HO Powerlifting In-House Qualifier	Ellicott City	Quest Fitness Gym	10/6/2019	Powerlifting	Contact Bill Long (blong716@aol.com)
Community	5K Tunnel Run	Baltimore		10/6/2019	Long Dist. Running	More information to come
Community	HO Flag Football League	Elkridge	Troy Park	10/12/2019	Flag Football	Contact Melissa Anger (manger@somd.org) to Register. Times 5pm-10pm
Community	HO Soccer League	Ellicott City	Cedar Lane Park East	10/12/2019	Soccer	Contact John McDonough (jmcdonough@KeswickHomes.com)
Community	NIRSA Flag Football Invitational (Tentative)	College Park	Univ. of Maryland	11/15-17/19	Flag Football	By Invitation
Community	Winter Sports - On Snow Training #1	Mercersberg, PA	Whitetail Resort	1/11/2020	Alpine Skiing; Snowshoeing	
Community	Winter Sports - On Snow Training #2	Mercersberg, PA	Whitetail Resort	2/8/2020	Alpine Skiing; Snowshoeing	
Community	Duckpin Bowling	Hagerstown	Southside Lanes	3/22/2020	Duckpin Bowling	Locally Popular Sport- Contact Melissa Anger (manger@somd.org)
Community	PG Spring Games	Hyattsville	Prince George's Sports & Learning Complex	4/30/2020	Athletics	school-based; not open to visiting Community programs.
Community	HO Athletics Competition	TBD	TBD	5/2/2020	Athletics	

# 2019 Event Calendar

*Special Olympics*  
Maryland



2019 MSP Polar Bear Plunge  
January 24<sup>th</sup>, 25<sup>th</sup> & 26<sup>th</sup> 2019  
Sandy Point State Park  
[www.plungemd.com](http://www.plungemd.com)

2019 Deep Creek Dunk  
February 23<sup>rd</sup> 2019  
Deep Creek Lake  
[www.dunkmd.com](http://www.dunkmd.com)

2019 Winter Games  
February 24<sup>th</sup> – 26<sup>th</sup> 2019  
Whitetail Resort  
[www.somd.org](http://www.somd.org)

2019 Basketball Tournament  
March 30<sup>th</sup> – 31<sup>st</sup> 2019  
Hood College and FCPS Sites  
[www.somd.org](http://www.somd.org)

2019 Summer Games  
June 7<sup>th</sup> – 9<sup>th</sup> 2019  
Towson University  
[www.somd.org](http://www.somd.org)

2019 Kayaking Championships  
August 24<sup>th</sup> 2019  
Washington College  
[www.somd.org](http://www.somd.org)

11<sup>th</sup> Annual Big Bats Open  
September 26<sup>th</sup> 2019  
Queenstown Harbor Golf, Queenstown Md  
[www.somd.org](http://www.somd.org)

State Golf Championships  
September 29<sup>th</sup> 2019  
Queenstown Harbor Golf, Queenstown Md  
[www.somd.org](http://www.somd.org)

11<sup>th</sup> Annual Tunnel Run  
October 6<sup>th</sup> 2019  
Fort McHenry Tunnel Baltimore, Md  
[www.tunnelrun.org](http://www.tunnelrun.org)

Fall Sports Festival  
October 19<sup>th</sup> 2019  
Mount St. Mary's University, Emmitsburg, Md  
[www.somd.org](http://www.somd.org)

6<sup>th</sup> Annual Maryland Rockfish Open  
October 26<sup>th</sup> 2019  
Mike's Crabhouse South-Riva  
[www.somd.org](http://www.somd.org)

State Soccer Tournament  
October 27<sup>th</sup> 2019  
Crown Sports, Fruitland Md  
[www.somd.org](http://www.somd.org)

Over The Edge  
November 2<sup>nd</sup> 2019  
Bethesda, Md  
[www.somd.org](http://www.somd.org)

Interscholastic Unified High School Team Tennis  
November 2019  
Loyola University  
[www.somd.org](http://www.somd.org)

State Regional Bowling Tournaments  
November 10<sup>th</sup> 2019  
Various Locations in Maryland  
[www.somd.org](http://www.somd.org)

State Bowling Championships  
December 8<sup>th</sup> 2019  
Bowl America, Gaithersburg, Md  
[www.somd.org](http://www.somd.org)

St. Mary's Splash  
December 2019  
Point Lookout State Park, Scotland, Md  
[www.somd.org](http://www.somd.org)